

**Parish Notes Copy for November 2011 Issue.**  
**COMMUNITY ACTION NEWS**

Our two Showcase Meetings, held at Skelton and Ivegill Village Halls, designed to bring the Community Action Plan to life, were successful Community events with over 100 people involved.

Having launched the Action Plan, with the support of Skelton Parish Council, the next stage is for existing groups and individuals within the Parish to look at the plan and see if they are interested in taking forward any of the suggestions.

The Community Action Committee now exists to facilitate any groups in their plans and will hold a regular meeting on the second Monday of each month at the Dog and Gun Pub Skelton at 07.30 p.m. Anyone or any group can join in either to find out more or discuss particular actions they are interested in.

Some suggestions that have already been highlighted and groups are interested in moving forward on are:-

- First Responders – new volunteers to meet Les and Sheila Magee who will also be setting up Heartstart Sessions. Anyone else interested please contact Les and Sheila on 017684 84389. See separate article.
- Parish Website – updates with individual pages for organisations are being developed by William Pearson and Julian Scarlet. What would you like to see on the Website? e.g. Youth Comment page. Contact [williampearson@williampearson.plus.com](mailto:williampearson@williampearson.plus.com)
- Footpaths – plans are ongoing with Countryside Ranger Geoff Fewkes. Would you like to help?
- Litter pick – discussions being held with Debra Garnett EDC. Would you like to get involved?
- Neighbourhood Watch – you can join the Cumbria Community Messaging (CCM), managed by the Cumbria Neighbourhood Watch Association (CNWA), offers People and Communities across Cumbria the means to receive information from Agencies in the County tailored to their particular preferences for content, priority and means of communication. It is a web based system and registration is quick, simple and completely free. There are no contracts, costs or obligations of any kind. Contact [www.cumbriacommunitymessaging.co.uk](http://www.cumbriacommunitymessaging.co.uk)
- Speeding – training in the use of handheld speed gun is available with Sgt John Chambers and his team. Is this for you?
- Transport – Fellrunner have offered to look at different services and will be open to suggestions for the new timetable starting in the New Year. Existing service could be tweaked if the demand was there. Would you use this service and when? Let us know. Would you like to be a volunteer bus driver?
  - Volunteer Car Service could be expanded. Would you be prepared to be a Volunteer Car Driver? Contact Hilary Dyer Tel 01768484634
- Some ideas - Luncheon Club Skelton, Afternoon Coffee Shop Ivegill and Cleaning out the Ellonby Ponds. Would you be interested in developing these issues or do you have other ideas in keeping with the Action Plan?

- Finance – Eden District are looking for ideas to help sustain rural areas and a new £230,000 Rural Infrastructure Fund can provide a kick start to get projects off the ground. Additional funding is also likely to be available to support local community projects to improve health, with money transferred from the NHS to the County Council.

If you are interested in any of these issues or others to be found in the Community Action Plan, please contact Bob Towers 01768484727, [bobtowers@btinternet.com](mailto:bobtowers@btinternet.com) or those indicated above.

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Plus the following related article from Community First Responders.

## **Community First Responders – who are they, what do they do?**

### **A new team for Skelton Parish? It's up to you.**

**7:00pm - Tuesday 1 November – Skelton Methodist Chapel**

An introduction for anyone interested in joining a new Community First Responder Group based on the Skelton Parish area.

Caldbeck First Responders are assisting the formation of this brand new volunteer group and are happy to welcome anyone interested in participating to provide basic life saving skills in emergency situations, prior to the arrival of paramedics or ambulance crews

Following the Parish Action Plan meetings at Skelton and Ivegill, a number of local people expressed interest in forming a team for the area. Therefore this evening will begin with a 'Heart Start' course, which identifies the crucial action to be taken in an emergency and how to employ basic life saving skills and will include more information about forming a Skelton Parish Community First Responder Team.

Anyone who demonstrated an interest, at either of the above meetings, are welcome, as indeed is anyone else who could assist and play a part in the new team. You don't have to become a First Responder – there are other important roles to be filled.

**Free Public Heart Start Courses  
Learn basic life saving skills in an evening.**

**Monday – 14 November - Toppins Memorial Hall – 7:00pm**

## **Tuesday – 22 November – Ivegill Village Hall – 7:00pm**

If you are unable to join the new Skelton First Responder Group in any capacity, but want to learn some simple basic life saving skills, you are welcome to join the Caldbeck Heart Start trainers on either of the above evenings. The course is free, open to anyone with an interest and is certificated to demonstrate your participation and attendance. We have confirmed places for some local people already but there will be plenty of room for anyone else who wants to join them.

**For more information about any of the above evenings please do call –  
Sheila and Les Magee – 017684 84389**

Could you please add above dates to Diary Dates and include:-

November 14 Community Action Committee Dog And Gun Pub Skelton 7.30pm

December 12 Community Action Committee Dog And Gun Pub Skelton 7.30pm